**FICHA DE AVALIAÇÃO FACIAL – LIMPEZA DE PELE**

**Nome Completo: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** **Data: \_\_\_/\_\_\_\_/\_\_\_\_\_\_\_**

**ÓSTIOS**( ) Dilatados na zona T

( ) Dilatados em toda Face ( ) Contraídos

**BIOTIPO CUTÂNEO**( ) Eudérmica ( ) Lipídica

( ) Alípica ( ) Mista

**ESTADO CUTÂNEO**

( ) Desidratado ( ) Sensibilizado

( ) Acneico ( ) Seborreico

 

**TEXTURA**

Local:\_\_\_\_\_\_\_\_\_\_\_\_ ( ) Lisa ( ) Áspera

Local:\_\_\_\_\_\_\_\_\_\_\_\_ ( ) Lisa ( ) Áspera

Local:\_\_\_\_\_\_\_\_\_\_\_\_ ( ) Lisa ( ) Áspera

Local:\_\_\_\_\_\_\_\_\_\_\_\_ ( ) Lisa ( ) Áspera

**ESPESSURA** Local:\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

( ) Fina ( ) Muito Fina ( ) Espessa

Local:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

( ) Fina ( ) Muito Fina ( ) Espessa

Local:\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

( ) Fina ( ) Muito Fina ( ) Espessa

Local:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

( ) Fina ( ) Muito Fina ( ) Espessa

**LESÕES DE PELE**

( ) Comedões Abertos ( ) Comedões Fechados ( ) Pápula ( ) Pústula ( ) Millium

( ) Cisto ( ) Nódulo

**ACNE**( ) Grau I ( ) Grau II

( ) Grau III ( ) Grau IV

**FOTOTIPO CUTÂNEO FITZPATRICK**( ) I ( ) II ( ) III ( ) IV ( ) V ( ) VI

**MANCHAS PIGMENTARES** ( ) Acromia ( ) Efélides

( ) Hipocromia ( ) Hipercromia ( ) Outros: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**OUTRAS ALTERAÇÕES**  ( ) Telangectasias ( ) Rosácea

( ) Xantelasma ( ) Siringoma

Outros: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Cosméticos Utilizados (Nome, validade e lote):** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Equipamentos Utilizados e Parâmetros:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Observações**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_